



BWB FOUNDATIONAL PROGRAM

\$3200

Whats included:

5 Labs
4 months of guidance and support
1 Results and Recommendations Session
1 monthly optional virtual support session
Program Focus Modules
Personalized Supplement Protocol
Diet & Lifestyle Recommendations
Discounted Supplements
Access to our resources- recipes, favorite products, etc

Labs Included:

- Stress and Hormone Panel (saliva)
- Metabolic Wellness Panel (urine)
- Mucosal Barrier Assessment (dry blood spot)
- GI-Map Stool Test
- Blood Sugar Monitoring

Additional Labs you can add at a *discounted price* to enhance your program-

Food Sensitivity Testing \$499

This blood test looks at over 176 different food proteins to see if your immune system is reacting to certain things you're eating. If you suffer from mood swings, brain fog, low energy, skin issues, or stomach pain- you'll benefit greatly!

Hair Tissue Mineral Analysis \$550

Minerals are the spark plugs of life and we need them to function optimally! Toxic metals can alter that balance and steal energy from our body to heal. This is an excellent test that will help to identify ways we can bring energy to your cells for healing and recovery and enhance your BWB program!