



# BWB FOUNDATIONAL PROGRAM

**\$3300**

## **Whats included:**

5 Labs  
4 months of guidance and support  
1 Results and Recommendations Session  
1 monthly optional virtual support session  
Program Focus Modules  
Personalized Supplement Protocol  
Diet & Lifestyle Recommendations  
Discounted Supplements  
Access to our resources- recipes, favorite products, etc

## **Labs Included:**

- Stress and Hormone Panel (saliva)
- Metabolic Wellness Panel (urine)
- Mucosal Barrier Assessment (dry blood spot)
- GI-Map Stool Test
- Blood Sugar Monitoring

## **Additional Labs you can add at a *discounted price* to enhance your program-**

### **Food Sensitivity Testing \$499**

*This blood test looks at over 176 different food proteins to see if your immune system is reacting to certain things you're eating. If you suffer from mood swings, brain fog, low energy, skin issues, or stomach pain- you'll benefit greatly!*

### **Hair Tissue Mineral Analysis \$550**

*Minerals are the spark plugs of life and we need them to function optimally! Toxic metals can alter that balance and steal energy from our body to heal. This is an excellent test that will help to identify ways we can bring energy to your cells for healing and recovery and enhance your BWB program!*