



STAND-ALONE LABS

Stress Effect Lab Trio- \$999

Whats Included:

- Stress and Hormone Panel (saliva)
- Metabolic Wellness Panel (urine)
- Mucosal Barrier Assessment (dry blood spot)
- 1 session review of your results
- Diet and Lifestyle Recommendations
- Personalized Supplement protocol
- 1 month chat support

Find out your stress resilience! Learn how stress is affecting your hormones, cortisol levels, liver function, gut integrity, and overall cellular terrain!

Hair Tissue Mineral Analysis- \$850

Whats Included:

- 1 Session review of HTMA results
- Diet and Lifestyle Recommendations
- 4 month Custom Supplement based on your results!
- 1 month chat support

In order to heal and function optimally your cells need to have energy and strength! Learn what mineral nutrients your cells need, the diet that supports this, and what heavy metals toxicities are derailing your health behind the scenes!

GI-Map Testing- \$899

What included:

- GI-Map Stool Kit
- 1 Results session
- Lifestyle and Diet Recommendations
- Supplement Protocol based on results
- 1 month chat support

The Gi-Map helps us to see not only the terrain of your gut but also the microorganisms living on it! We want to make sure the good organisms are happy and get rid of the bad guys that are wreaking havoc!

Optimize your cell energy and resilience! This will prime your cells for healing and recovery! Reduce inflammation, loose weight, lower cholesterol, and much more!

Food Sensitivity Testing \$550

What included:

- Downloadable review of your results
- Diet and Nutrition Recommendations (NY is an additional \$50 for testing)

Test over 170 food particles and antigens that are causing inflammation and internal stress!

Blood Sugar Balancing \$499

What included:

- App to record your daily food and activities
- 4 weeks of daily app monitoring
- 2 Continuous Glucose Monitors
- Diet and Nutrition Recommendations
- Chat access to your practitioner
- Blood Sugar Friendly Recipes

Additional Support:

\$150 -1 virtual session with your practitioner (great for asking questions or sharing concerns you may have)

or

\$150- 1 Month of chat support (not applicable for Food Sensitivity testing)

We accept HSA/FSA! We do not accept Insurance

Price does not include Supplement costs, please be prepared to budget accordingly to fully benefit from the protocol.